

2021 Health and Safety Guidelines For Parents Regarding COVID-19

- **It is required that you check your child carefully for symptoms of COVID-19 before sending them to school each morning. It is important that you notify the School Nurse of any illness during the school year.**

These include: Fever of 100 degrees or higher, Chills, Cough not associated with a chronic cough, Shortness of Breath or Difficulty Breathing, Muscle or Body Aches, New Loss of Sense of Taste or Smell. These symptoms are considered to be related to COVID if in combination with other symptoms and include: Nausea, Vomiting and Diarrhea, Congestion or a Runny Nose, Headache and Fatigue.

- You should not medicate your child for a cough, headache or elevated temperature before sending them to school for the safety of everyone. Students medicated with fever reducing medication or cough suppressant before leaving for school will not be permitted to remain in school.
- It is necessary that you provide an emergency list of people who are able to pick your child up from school as soon as possible and at least within 45 minutes if they are ill and need to be dismissed from school. If parents/guardians cannot be reached, the Health Office staff will dismiss ill students to any emergency contact on record provided by the parent.
- Students must wear a mask in the Health Office as mandated by the Center for Disease Control and Protection (CDC). Students experiencing symptoms of illness will be placed in an area separate from other students with a mask while they wait to be dismissed if further evaluation is required as determined by the School Nurse.
- If the Health Office staff dismisses your child for further assessment by their doctor, they are only allowed to return to school with a doctor note, a negative COVID test or they must quarantine for 10 days. Test results from tests performed at home are not accepted.
- If a student receives a positive COVID test result, they will be required to stay home to isolate for 10 days and may only return to school if fever free for 24 hours and symptoms have greatly improved.
- If a student is considered to be a close contact, it will be recommended that they get tested on day 5 following exposure and they will be required to stay home to quarantine for 7 days regardless of a negative test.
 - Close contacts who must quarantine or get tested are considered to be anyone who is within 3 feet of a confirmed case for more than a cumulative total of 15 minutes while indoors.
 - Testing options are available to eliminate a quarantine for your child with a signed consent. These include testing your child for mild symptoms that develop during the school day. The School Nurse can perform a BinaxNow rapid antigen test and if the result is negative, your child may remain in school if symptoms are mild as determined by the School Nurse. If your child is considered a close contact, they may be tested by the School Nurse with the BinaxNow rapid antigen test for 5 consecutive days following exposure. If their results remain negative and they are asymptomatic, they may return to school each day.
- Students will be required to utilize the soap and hand sanitizer provided at school for scheduled hand washing and hand sanitizing but are allowed to bring their own products from home if preferred. These products may not be shared with other students.
- Bubblers will be closed except for refilling of water bottles. Please send your child with their own water bottle daily.
- All individuals must wear a mask on the school bus as mandated by the CDC.